

Scientific Program

13:00 – 13:30

Exhibition, Networking & Catering Area (Foyer Level -1)

WELCOME REFRESHMENT

13:30 – 14:00

Plenary Hall (Ramblas A+B)

PRE-CONFERENCE INDUSTRY SESSION

Industry session not included in the main event CME/CPD credit.

[Click here for session details](#) (14:00 – 14:10) short technical break

14:10 – 14:20

Plenary Hall (Ramblas A+B)

OFFICIAL OPENING OF THE CONFERENCE

The CaReMe-0 Conference – goals and structure

Avraham Karasik, Tel Aviv University, Israel

Mikhail Kosiborod, Saint Luke's Health System, USA

14:20 – 15:55

Plenary Hall (Ramblas A+B)

SESSION 1: CENTRAL ROLE OF PRIMARY CARE PROVIDERS IN CAREME-0 PATIENT TREATMENT

Moderators: **Avraham Karasik**, Tel Aviv University, Israel

Mikhail Kosiborod, Saint Luke's Health System, USA

14:20 – 14:35

The opportunity for PCP in implementing novel therapies in the CaReMe-0 field

Shlomo Vinker, WONCA Europe, Israel

14:35 – 15:00

2024 State of the art disease modifying therapy in the CaReMe-0 patient

Per-Henrik Groop, University of Helsinki, Finland

15:00 – 15:20

Challenges for the primary care physicians in treating the CaReMe-0 patients

Josep Vilaseca, University of Vic – Central Catalonia University, Spain

15:20 – 15:40

The collaborative, team-based, coordinated care of patients with cardio-renal-metabolic disease: transforming quality of care and outcomes

Mikhail Kosiborod, Saint Luke's Health System, USA

15:40 – 15:55

Panel Discussion

15:55 – 16:25

Exhibition, Networking & Catering Area (Foyer Level -1)

COFFEE BREAK

16:25 – 17:55

Plenary Hall (Ramblas A+B)

INDUSTRY SYMPOSIUM

Industry session not included in the main event CME/CPD credit.

[Click here for session details](#) (17:55 – 18:05) short technical

break

18:05 – 20:00

Plenary Hall (Ramblas A+B)

SESSION 2: OPTIONS FOR MEDICAL THERAPY AND EARLY INTERVENTION IN THE CARDIORENAL METABOLIC SYNDROME – IN WHAT POPULATIONS, WHEN AND HOW?

Moderator: Baruch Itzhak, Clalit Health Services, Israel

18:05 – 18:25

Obesity and novel anti-obesity medication as a pivot to the CaReMe-0 patient

Lee M. Kaplan, Dartmouth Health, USA

Case presentations and discussion

Case A: Asymptomatic Patients with Diabetes

Gabriel Cuatrecasas, EAP Sarrià, Primary Care Center, Barcelona, Spain

Case B: Management of HFpEF in a Patient with Comorbid Conditions

Mikhail Kosiborod, Saint Luke's Health System, USA

Case C: Management of CKD in a Patient with Cardiometabolic Obesity

Ana Cebrián, Murcian Health Service, Spain

Case D: Management of Atrial Fibrillation in the Context of Obesity and Early Diabetes

Josep Vilaseca, University of Vic – Central Catalonia University, Spain

20:00 – 20:45

Exhibition, Networking & Catering Area (Foyer Level -1)

WELCOME RECEPTION AND NETWORKING

08:30 – 09:30

Plenary Hall (Ramblas A+B)

WORKSHOP: HEART FAILURE IN 3D: INTERPRETING ECHOCARDIOGRAPHY IN THE PCP CLINIC

Moderator: Baruch Itzhak, Clalit Health Services, Israel

08:30 – 08:45

HF – Classification, diagnosis, and recent treatment options

Baruch Itzhak, Clalit Health Services, Israel

08:45 – 09:30

Seeing Through the Echo: Practical Approach to Echocardiographic Interpretation in Heart Failure

Nir Flint, Tel Aviv Sourasky Medical Center, Israel (09:30 – 09:40) short technical break

09:40 – 10:55

Plenary Hall (Ramblas A+B)

SESSION 3: TOWARDS LEADERSHIP OF THE FAMILY PHYSICIANS IN TREATING THE CAREME-0 PATIENT

Moderators: Ana Cebrián, Murcian Health Service, Spain

Geert Goderis, KU Leuven, Belgium

Best practice examples

09:40 – 09:55

The Israeli experience in the PCP leadership in CaReMe-0 treatment

Avraham Karasik, Tel Aviv University, Israel

09:55 – 10:10

The Spanish experience in the PCP leadership in CaReMe-0

treatment

Ana Cebrián, Murcian Health Service, Spain

From theory to practice

10:10 – 10:25

Tools for the family physician in CKD and Heart failure

Baruch Itzhak, Clalit Health Services, Israel

10:25 – 10:40

Evaluation and treatment of the obese patient by the PCP

Xavier Martínez Regada, International University of Catalonia, Spain

10:40 – 10:55

Increasing awareness for screening and therapy of CaReMe-0 patient in the community

Geert Goderis, KU Leuven, Belgium

10:55 – 11:25

Exhibition, Networking & Catering Area (Foyer Level -1)

COFFEE BREAK

11:25 – 12:10

Plenary Hall (Ramblas A+B)

SESSION 3: PANEL DISCUSSION ON “TOWARDS LEADERSHIP OF THE FAMILY PHYSICIANS IN TREATING THE CAREME-0 PATIENT”

Moderator: Mikhail Kosiborod, Saint Luke’s Health System, USA

Panelists:

Ana Cebrián, Murcian Health Service, Spain

Geert Goderis, KU Leuven, Belgium

Baruch Itzhak, Clalit Health Services, Israel

Avraham Karasik, Tel Aviv University, Israel

Xavier Martínez Regada, International University of Catalonia, Spain

Josep Vilaseca, University of Vic – Central Catalonia University, Spain

Shlomo Vinker, WONCA Europe, Israel(12:10 – 12:20) *short technical break*

12:20 – 13:30

Plenary Hall (Ramblas A+B)

INDUSTRY SESSION

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[Click here for session details](#)(13:30 – 13:40) *short technical break*

13:40 – 14:10

Plenary Hall (Ramblas A+B)

SUMMARY OF THE MEETING AND ACTION ITEMS. CONFERENCE CLOSURE BY THE SCIENTIFIC COMMITTEE.

Avraham Karasik, Tel Aviv University, Israel

Mikhail Kosiborod, Saint Luke's Health System, USA

Baruch Itzhak, Clalit Health Services, Israel

Josep Vilaseca, University of Vic – Central Catalonia University, Spain

Mariam de la Poza, SEMG, Spain

Alfonso Pérez Jiménez, SEMG, Spain

14:10 – 15:00

Exhibition, Networking & Catering Area (Foyer Level -1)

LUNCH AND NETWORKING